

# Does IRT/IRT/DNA Really Work?

## Review of Cystic Fibrosis Newborn Screening in Texas

Rachel Lee, PhD, D. Morin, Y. Sun, PhD, R.  
Sauceda, L. Borgfeld, D. Freedenberg MD PhD,  
S.M. Tanksley PhD

TX Department of State Health Services

# TX NBS Specimen Load

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- To test each infant twice:
  - 24 to 48 hours of age &
  - 1 to 2 weeks of age
- 2013: Received ~753,000 specimens
  - ~ 2,450 specimens per day (6 days per week)
  - ~ 7,400 unsatisfactory specimens (0.99%)

# Cystic Fibrosis NBS

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- Implemented statewide December 1, 2009
- IRT/IRT/DNA methodology
  - 1<sup>st</sup> screen elevated IRT/2<sup>nd</sup> screen elevated IRT/DNA
  - IRT fixed cutoff:
    - 60 ng/mL in blood for infants <21 days at the time of specimen collection
    - 46.5 ng/mL in blood for infants 21 days or older at the time of specimen collection
  - CFTR mutation panel – Hologic (40+2)
    - 1 or 2 mutations identified – Abnormal CF screen
    - 0 mutation identified - Normal

# 'Failsafe' Protocols

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- Ultra-high IRT levels (>150 ng/mL blood) but 0 mutations
- If 1<sup>st</sup> screen is elevated & no or unacceptable second specimen received by 30 days of age, the first screen is reflexed to DNA
- 1<sup>st</sup> normal IRT or no 1<sup>st</sup> screen with 2<sup>nd</sup> screen elevated IRT is reflexed to DNA



# Cystic Fibrosis Screening

December 1, 2009 – December 31, 2013

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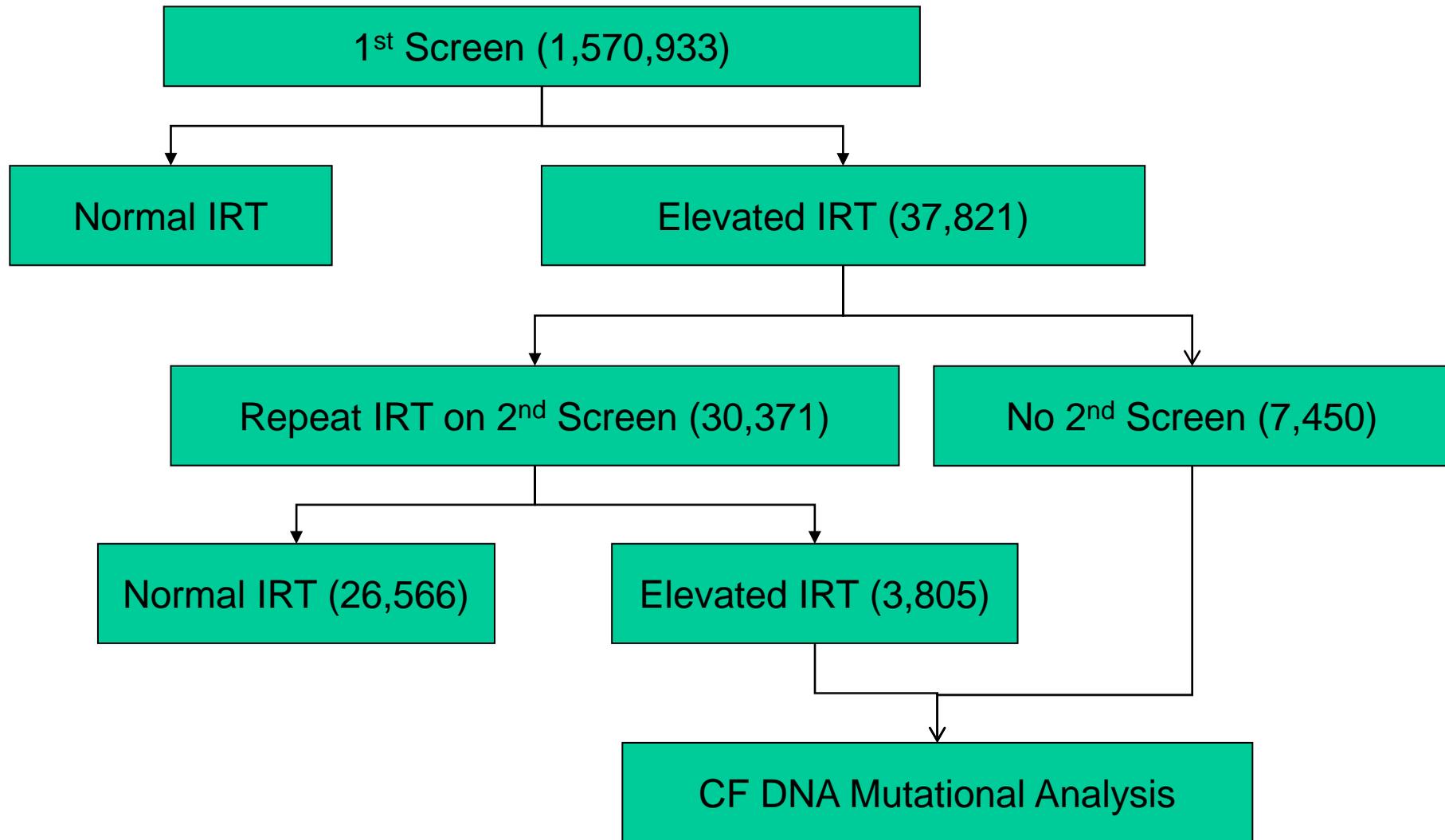
	<b>Specimen Received</b>	<b>IRT Screen Elevated</b>
First Screen	1,570,933	37,821
Follow-up Screen	1,534,469	12,360
<b>Total</b>	<b>3,105,402</b>	<b>50,181</b>

2.4% of the total 1<sup>st</sup> newborn specimens were elevated for IRT.

0.8% of the total follow-up specimens were elevated for IRT.

# IRT/IRT/DNA Algorithm

December 1, 2009 – December 31, 2013

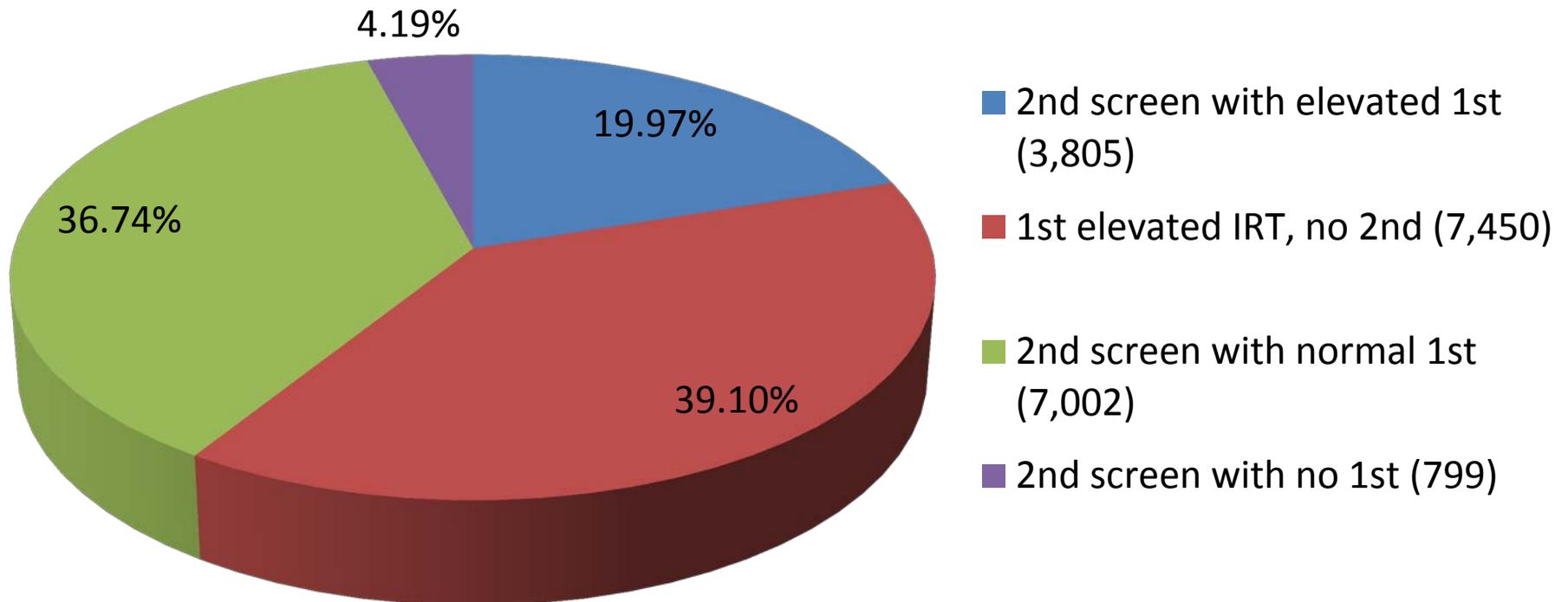


# CF DNA Specimen Type

(December 1, 2009 – December 31, 2013;  
Total DNA tests performed = 19,056)

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# Cystic Fibrosis DNA Test

December 1, 2009 to December 31, 2013

	<b># of newborns</b>	<b># of diagnosed cases</b>	<b># of missed cases</b>
<b>2 mutations found</b>	199	176	4
<b>1 mutation found</b>	915	64	2
<b>0 mutation, very elevated IRT</b>	468	6	0
<b>0 mutation found</b>	17,474	3	3
<b>Total</b>	19,056	249	9

- 1,582 newborns had presumptive positive CF screening results.
- “0 mutation found” is reported as normal CF screening results.

# Mutation Distribution (249 CF cases)

Mutation Name	# of Alleles	Mutation Name	# of Alleles
<b>deltaF508</b>	316	<b>3120+1G&gt;A</b>	3
<b>G542X</b>	16	<b>3849+10kbC-&gt;T</b>	3
<b>R117H</b>	14	D1152H	3
<b>G551D</b>	10	S549N	3
<b>1717-1G-&gt;A</b>	6	3876delA	3
<b>N1303K</b>	5	3905insT	3
<b>621+1G&gt;T</b>	4	<b>W1282X</b>	2
<b>deltaI507</b>	4	<b>A455E</b>	1
<b>R1162X</b>	4	<b>R347P</b>	1
<b>R553X</b>	3	<b>3659delC</b>	1
<b>2789+5G-&gt;A</b>	3	2183A A->G	1
<b>R334W</b>	3	394delTT	1
<b>1898+1G&gt;A</b>	3	V520F	1
		<b>TOTAL</b>	<b>417</b>

- Mutation detection rate using Hologic 40+2 panel is ~84% (417/498).
- 32 other mutations were identified. L206W, A559T, and W1089X were the most prevalent.

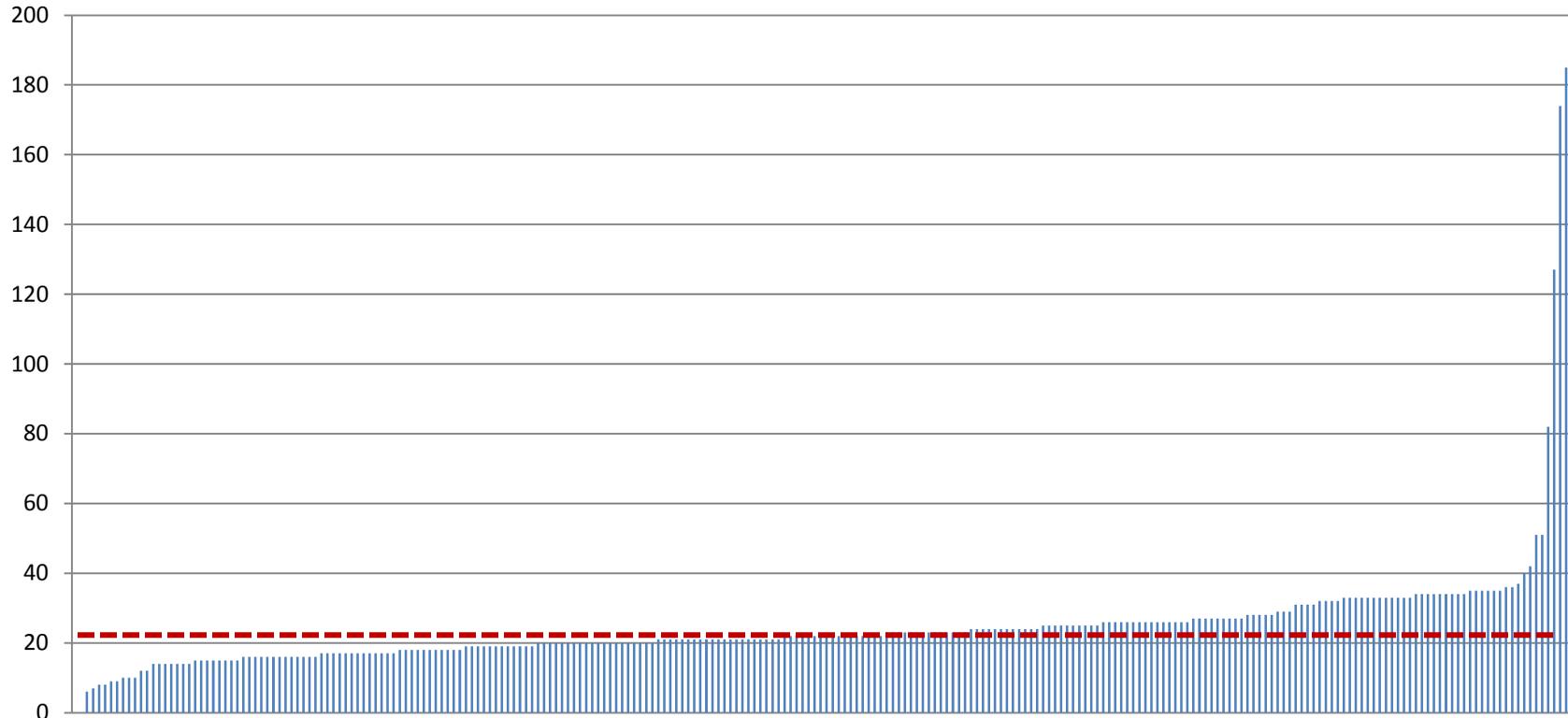
# 'Failsafe' Protocols

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- Ultra-high IRT levels ( $>150$  ng/mL blood) but 0 mutations = 6
- If 1<sup>st</sup> screen is elevated & no or unacceptable second specimen received by 30 days of age, the first screen is reflexed to DNA = 29
- 1<sup>st</sup> normal IRT or no 1<sup>st</sup> screen with 2<sup>nd</sup> screen elevated IRT is reflexed to DNA = 13



# Age of Presumptive Positive Result Notification (Days)



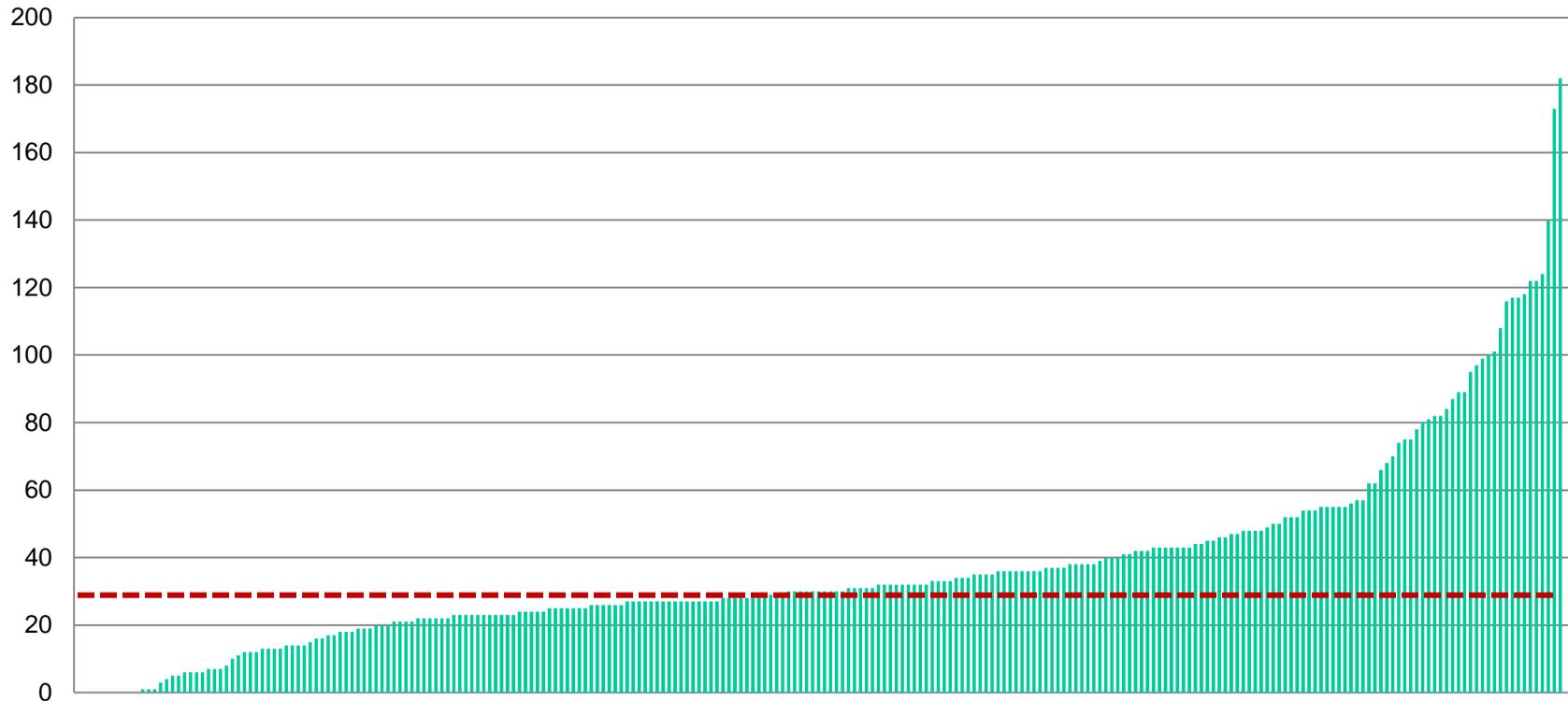
Range = 0-186 Days

Medium = 22 Days

82% (203/249) notified within 30 days of age

98% (243/249) notified within 40 days of age

# Age of Diagnosis (Days)



Range = 0-182 Days

Medium = 30 Days

52% (129/249) diagnosed within 30 days of age

87% (217/249) diagnosed within 60 days of age

## 9 Missed Cases

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- Definition - Cystic Fibrosis cases with normal screening results
  - 7 due to IRT below cutoff
  - 2 due to mutation panel (both African American)
- 4 with history of Meconium Ileus
- Age of Diagnosis ranged from 6 days to 173 days (average 69 days)
- Based on data from two missed cases, older baby cutoff was re-evaluated and changed from 30 days to 21 days (DOB to DOC) using cut off  $\geq 46.5$  ng/mL

# Summary

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- # of newborn screened: 1,570,933
- # of newborn tested by CF DNA: 19,056 (1.2%)
- # of newborn with presumptive positive results: 1,582 (0.1%)
- # of newborn diagnosed with CF: 249
- # of missed cases: 9
- # of carriers identified: 851
- # of CFRMS identified: 23

## Summary (continued)

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- Positive Predictive Value - 15.7%
- Sensitivity - 96.4% (False negative rate – 3.6%)
- Specificity - 99.9%
- Overall Incidence Rate – 1 in 6,308
  - White - 1 in 3,505
  - Hispanic – 1 in 10,150
  - African American – 1 in 11,803
  - Others – 1 in 19,888
- Need system-wide education on timing of specimen collection, esp. 2nd screens.



Thank you