



a place of mind

THE UNIVERSITY OF BRITISH COLUMBIA

# A 3-year pilot study for Guanidinoacetate Methyltransferase (GAMT) deficiency in British Columbia

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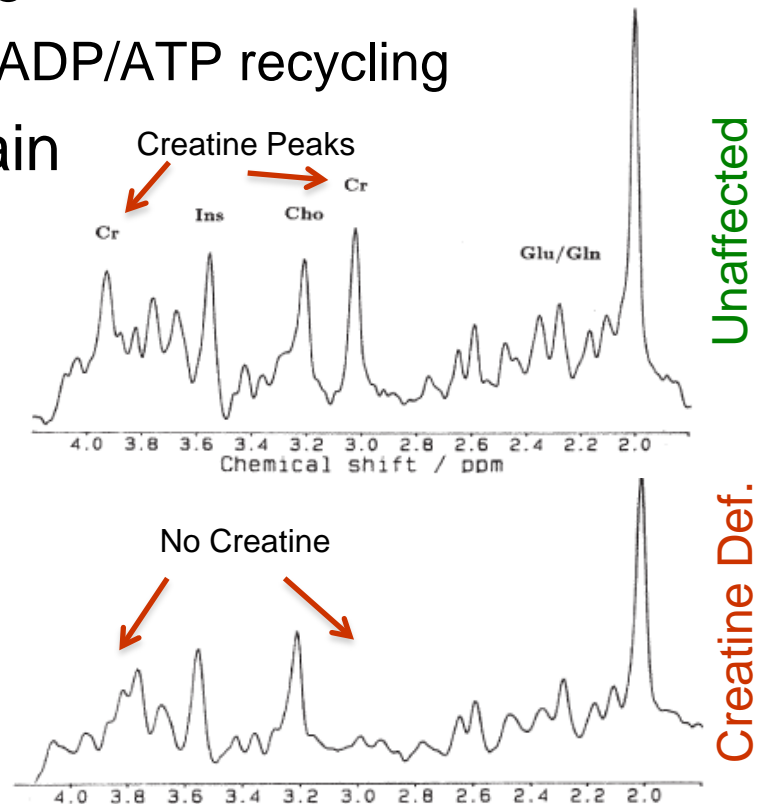


# Conflicts of interest

- None

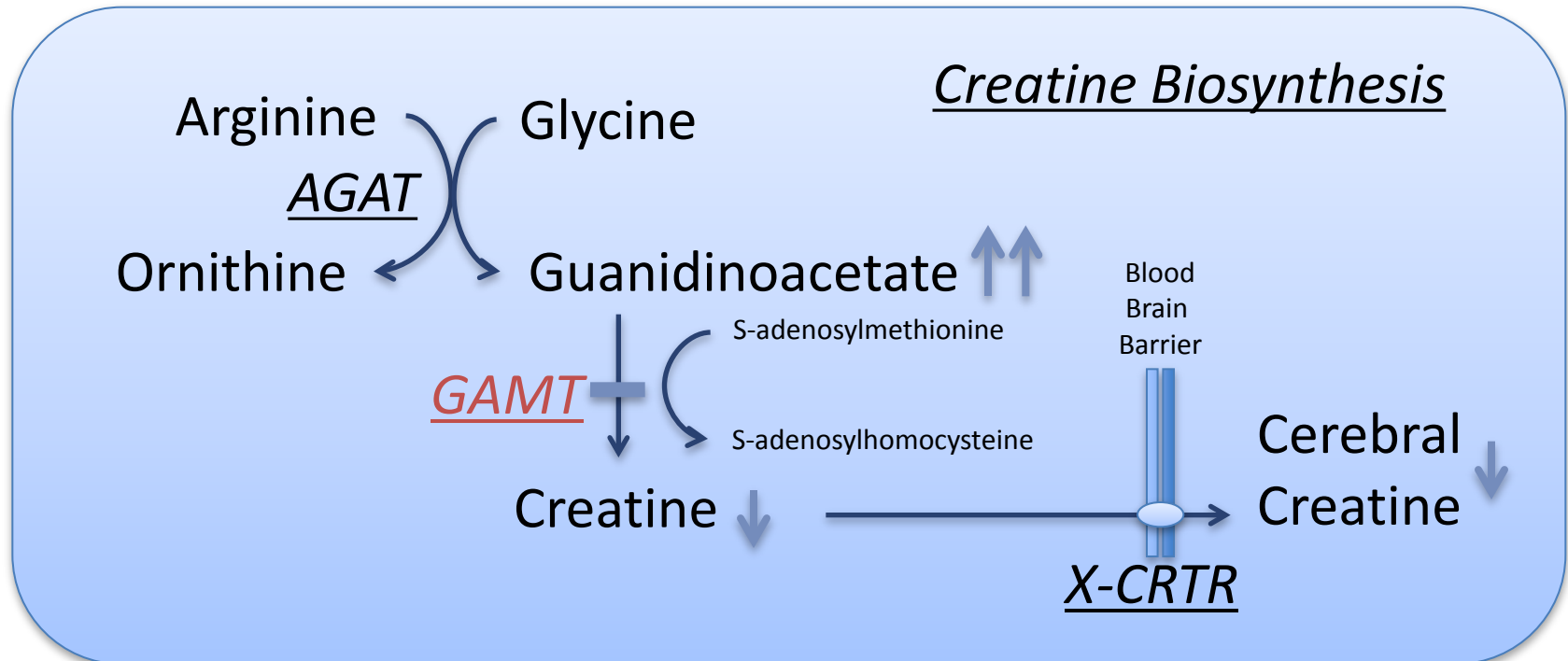
# Cerebral Creatine Deficiency

- Creatine from systemic biosynthesis and diet
- Creatine-P is a key energy source
  - Local immediate energy reserve for ADP/ATP recycling
- Little creatine synthesis in the brain
- Cerebral creatine deficiency
  - Developmental delay
  - Autistic features
  - Seizures
  - Movement disorder



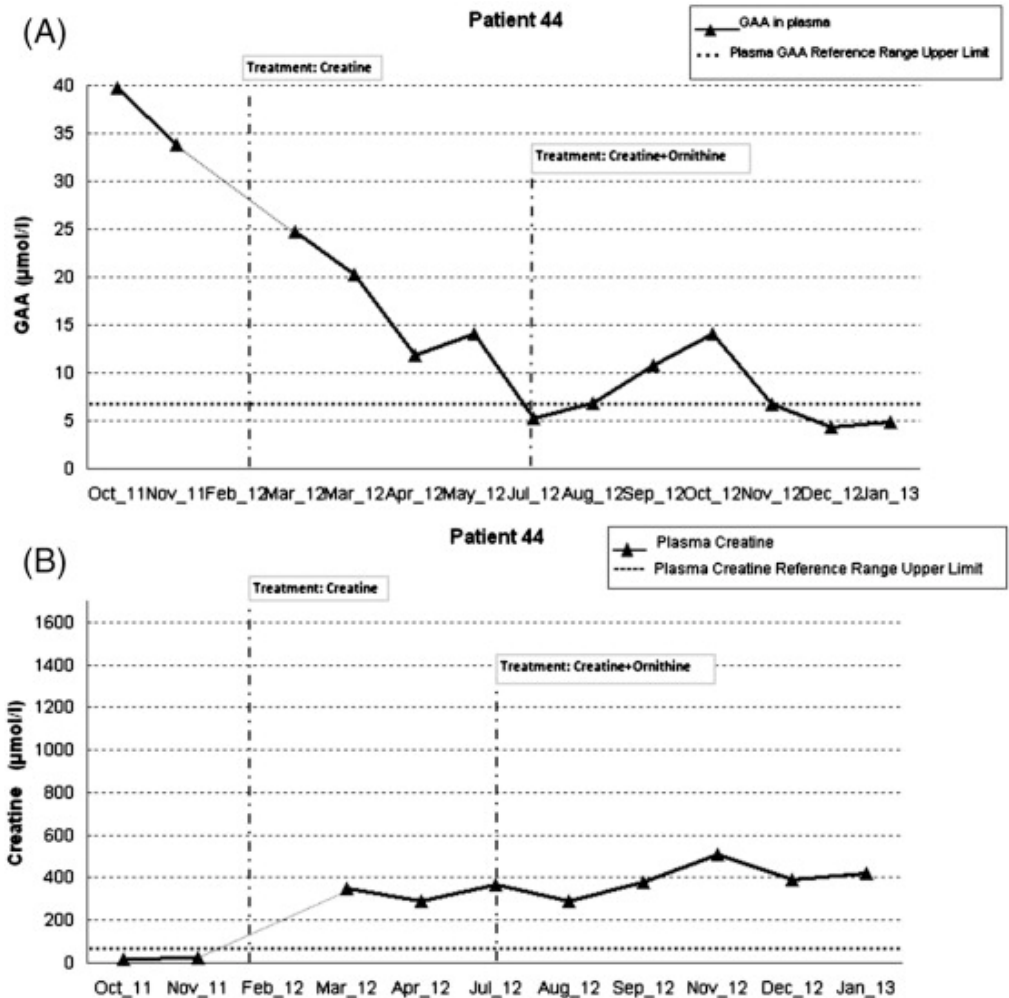
# Creatine Disorders

Enzyme	Blood	Urine
Arginine:Glycine Amidinotransferase (AGAT)	↓ GAA ↓ Creatine	↓ GAA ↓ Creatine
Guanidinoacetate methyltransferase (GAMT)	↑↑ GAA ↓ Creatine	↑↑ GAA ↓ Creatine
Creatine Transporter (X-CRTR, SLC6A8)		↑ Creatine

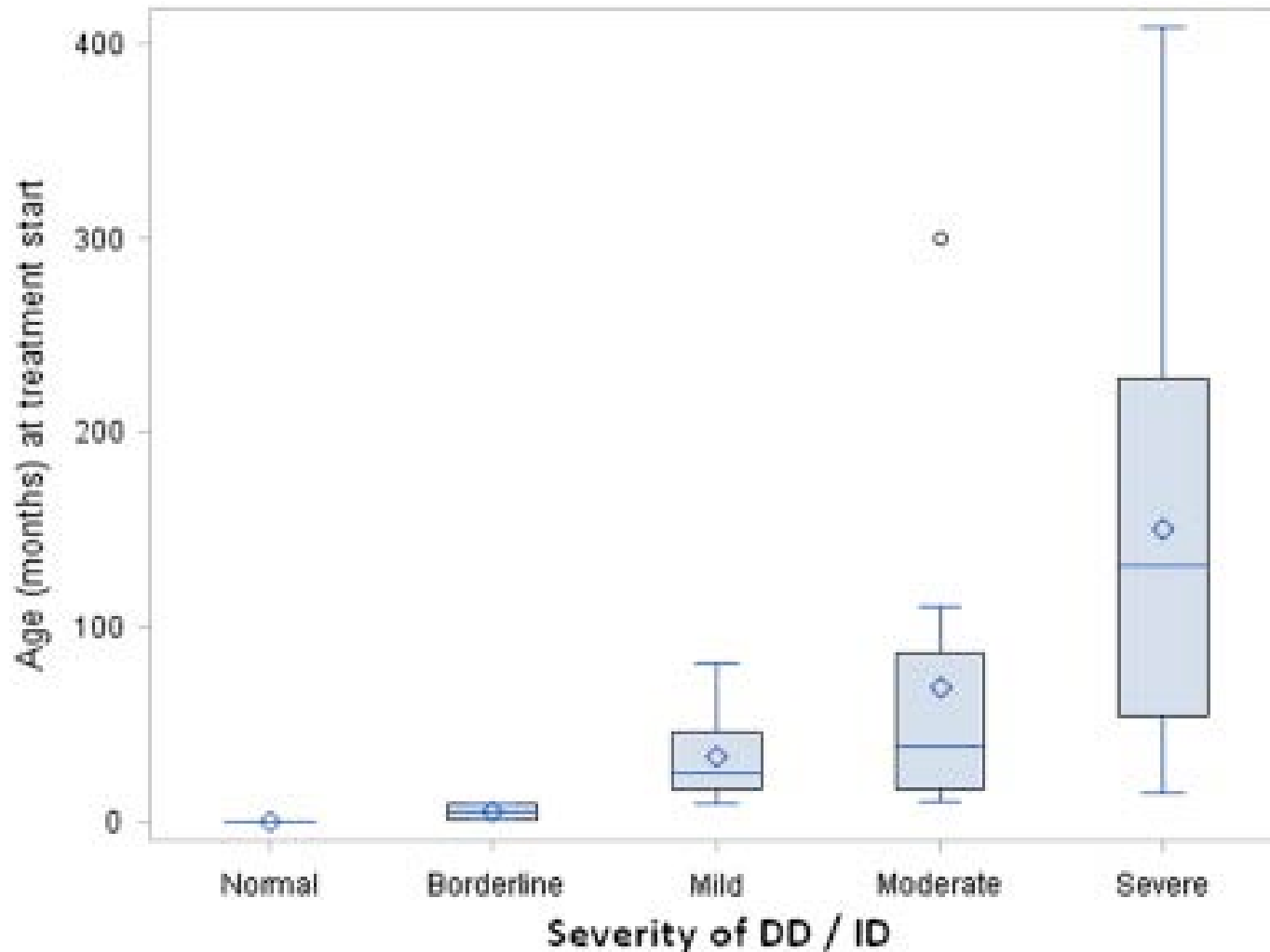


# GAMT Treatment

- Supplement
  - Creatine
  - Ornithine
- Restrict
  - Arginine
- Increased cerebral creatine
- Decreased GAA



✓ Early Intervention improves outcomes  
(only 4 infants treated from birth)



# GAMT Newborn Screening

## Previous Trials:

- Austria, Portugal
- Terminated due to false positive rates

## Multi-tiered Approaches:

- Texas, British Columbia, Utah, Italy
- Second-tier testing reduces false positives

## Ongoing Screening:

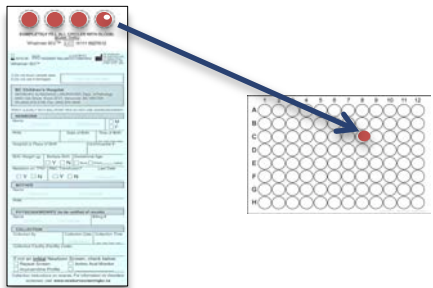
- Australia (Victoria) since 2002
- No cases in 770,000 infants

# BC GAMT Pilot

- Clinical detection: 2 cases in 5 years
- Population-wide pilot (deidentified)
  - 3 years (~120,000 infants)
  - 3-tiers
    - GAA by FI-MS/MS (integrated into AA/AC assay)
    - GAA by LC-MS/MS (integrated into MSUD assay)
    - GAMT sequencing in bloodspot (6 exons)
  - 1 or 2 GAMT mutations = abnormal screen
  - Re-identification of abnormal screens



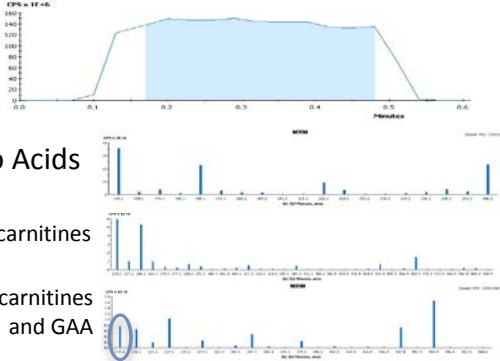
**Initial Newborn Screening Card**  
(Punched, Extracted and Derivatized)



All samples deidentified (coded)

**All samples**

**1<sup>st</sup>-Tier GAA by Flow injection**  
(Integrated with routine AA/AC analysis)

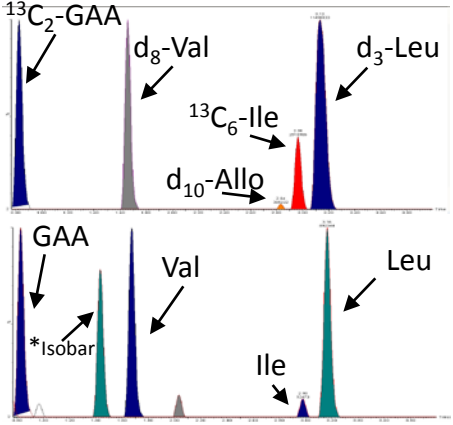


Amino Acids  
Major Acylcarnitines  
Minor Acylcarnitines and GAA

**If GAA >6uM (99.91%)**

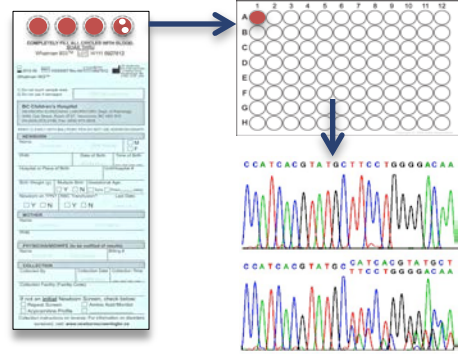
**If GAA >6uM**

**2<sup>nd</sup>-Tier GAA by LC-MS/MS**  
(Integrated with existing MSUD assay)



Internal Standards: <sup>13</sup>C<sub>2</sub>-GAA, d<sub>8</sub>-Val, <sup>13</sup>C<sub>6</sub>-Ile, d<sub>10</sub>-Allo, d<sub>3</sub>-Leu  
Patient: GAA, Val, Leu, Ile, \*Isobar

**3<sup>rd</sup>-Tier GAMT Sequencing**  
(Directly from initial bloodspot card)



CCATCAGGTATGCTTCC TGGGGACAA  
CCATCAGGTATGCTTCC TGGGGACAA

No mutations | 1 or more mutations

**NEGATIVE SCREEN** = No further action

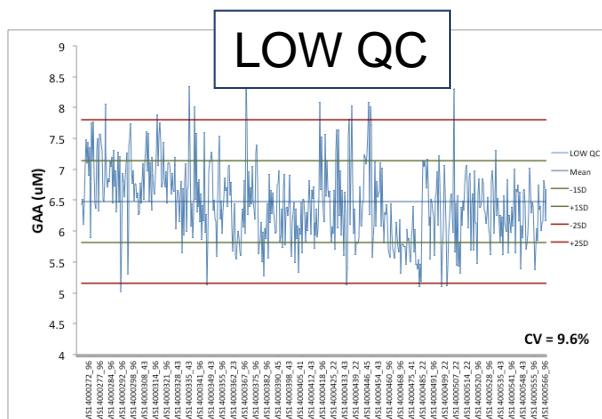
**POSITIVE SCREEN** = Reidentify and refer for treatment

**NEGATIVE SCREEN**

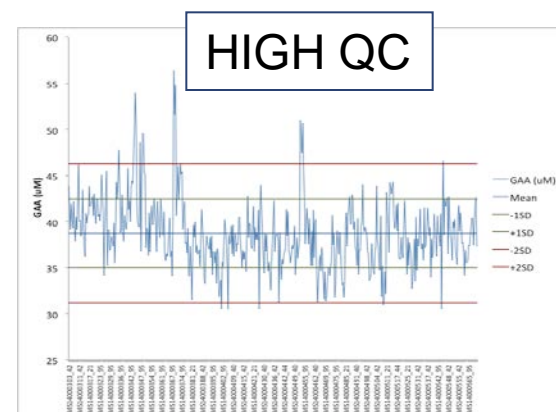
**POSITIVE SCREEN**

# First Tier Performance

- As of Oct 2014: 91,000 infants screened
- First-Tier
- Mean GAA = 1.65  $\mu\text{M}$  ( $\pm 0.55$ )
  - Consistent with the literature
- 0.14% over 1<sup>st</sup>-tier cutoff (125 newborns)



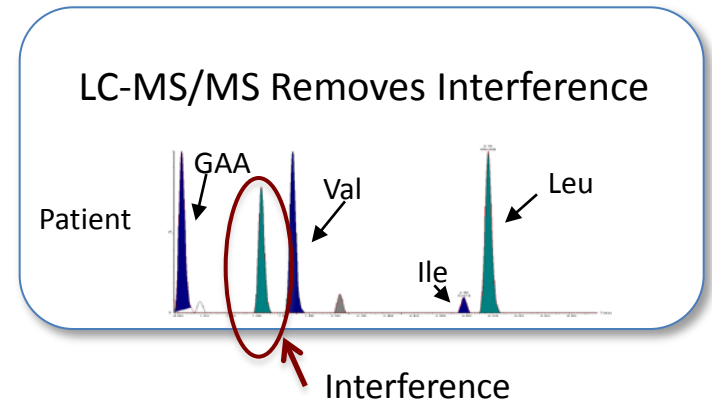
CV=9.6%



CV=9.7%

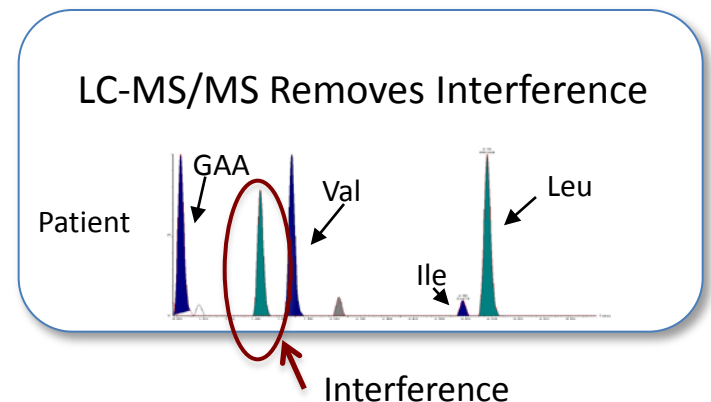
# Second-Tier Performance

- Integrated with MSUD
- 5 minute run-time
- Most normal on 2<sup>nd</sup>-Tier
  - Mean = 1.52 uM (Range 0.3-6.8)
- Only one positive on 2<sup>nd</sup> tier (GAA=6.8uM)
  - **No GAMT** mutations found
- FPR= 0% but TPR =0%
- Retrospective Clinical Cases
  - **GAA = 9.1 and 10.7 uM** (5yr RT storage)



# First-Tier Positive Screens

- Enriched for premature infants
  - **63%** <2500g (Population = 5.6%)
- Enriched for repeat specimens
  - **42%** Repeat collections
- Interference is likely a product of therapy
  - Exogenous compound?



# Is GAMT a good NBS candidate?

## ✓ Natural History

- Universally poor outcomes without treatment

## ✓ Treatment

- Excellent outcomes with early intervention
- Inexpensive treatment (Creatine and diet)

## ✓ Test performance

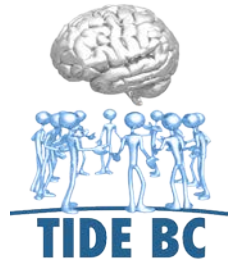
- Two-tier approach required
- Integration into existing assays (very low cost)

## ? Incidence

- A very rare disorder (0/770,000 in Australia)

# Acknowledgements

- Co-investigators:
  - Hilary Vallance
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  - Motherhood Centred



RARE DISEASE  
FOUNDATION

