LEAN-ing Into the Future: Hands-On Practice with LEAN Tools for Your Public Health Laboratory

Preconference Workshop
APHL Annual Meeting
June 6, 2016
Albuquerque, NM
Objectives

• Discuss the ways in which Lean is flexible and scalable
• Use Value Stream Mapping to shed light on the best process improvement opportunities in their own laboratory
• Describe key elements behind the successful application of any Lean tool and identify key points at which implementation can derail

Agenda

8:00  Introductions and Meeting Kick-off
8:10  Laying the Foundation - An Overview of Lean (Jill Power)
8:25  Transition to the exercises - explain the structure
8:30  Value Stream Mapping Exercise (Jyl Madlem)
9:25  Break
9:40  Rotating Stations
   ◦ Huddle Meeting Exercise, Primary Visual Display Boards, Metrics (Denise Lopez)
   ◦ 5S and Visual Process Controls (Jyl Madlem)
   ◦ Spaghetti Diagram and Workspace Planning (Jill Power)
9:40 to 10:05  FIRST ROTATION then ROTATE
10:15 to 10:40  SECOND ROTATION then ROTATE
10:50 to 11:15  THIRD ROTATION
11:15  - Q&A
11:30  - Adjourn
Speakers

Denise Lopez, MS, PHM II
Public Health Lab Manager
ELAP Lab Director
Tulare County, CA

Jyl Madlem, MS, MT(AMT)
Laboratory Program Advisor
Indiana State Dept. of Health
Public Health Protection & Lab Services

Jill Power, MS, M(ASCP),CMQ/OE(ASQ)
Biosafety Officer/Quality Coordinator
NH Public Health Laboratories
Concord, NH

QUALITY from coast to coast!

What’s your journey?

Lean in PHL

Dictionary:

adjective: spare, economical, lacking in fullness or quantity

The Lean Institute:

Lean means creating more value for customers with fewer resources.

Denise, Jyl and Jill -

Methods, tools and knowledge used to remove waste, improve and sustain system processes, and show value to staff.
Why LEAN?

MAXIMIZE value

MINIMIZE waste

What processes create value?
What processes do not?

Improvement is necessary for survival!

Types of Waste

TIM WOOD
- Transport
- Inventory
- Motion
- Waiting
- Over Processing
- Over Production
- Defects

WORM PIT
- Waiting
- Over Production
- Rejects
- Motion
- Processing
- Inventory
- Transport
The 8 Forms of Waste

- Defects
- Overproduction
- Waiting
- Not Utilizing Staff Talents Effectively
- Transportation
- Inventory
- Motion
- Extra steps in the process

Lean Tools

VALUE STREAM MAP
- Represents the current process
- Shows where the delays are in your process
- Identifies restraints and excessive inventory
- First step in working towards your ideal state

KAIZEN
- a.k.a. Rapid Improvement Events
- Planned, structured process improvement effort
- Focus group
- Fast paced and thorough
Lean Tools cont….

SPAGHETTI DIAGRAM
- A roadmap of movement, motion, transportation

RAPID CHANGEOVER
- Changing patterns
- Changing flows or processes
- Changing time limits

KANBAN
- “Vending Machine” – using a visual to replenish or restock inventory
- Pull system
- Just in Time

more...

5S
- Sort
- Store
- Shine
- Standardize
- Sustain

POKE YOKE
A Mistake Proofing System that:
- is “Idiot Proof”
- Prevents errors
- Catches mistakes
STANDARD WORK

- Standard operating procedures
- Training
- Flow of Processes
- Evaluations/Assessments/Audits

What is Efficient?

- Effective operation as measured by a comparison of production with cost (as in time, energy, or money.)
- Productive of desired effects without waste.
Sustainability

Incorporate LEAN!

INCREASE productivity, customer and staff satisfaction, and efficiency &

DECREASE operating costs, overstocked inventory, and undervalued processes.

Today’s LEAN Activities

Value Stream Mapping
Huddle Meetings
Primary Visual Display Boards
5S
Visual Process Controls
Spaghetti Diagram
Workspace Planning
Questions?

Contact information
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Lean Daily Management Exercise
Lean Daily Management Exercise

- Plan, Do, Check, Adjust Cycle
- Huddle Meeting
- Primary Visual Display Board
- Metrics

Spaghetti Diagram Exercise
Spaghetti Diagram

Pizza Making Process

Pizza Order from Customer → Bake in Oven → Wash Hands

Wash Hands → Add other toppings → Cut Pizza

Retrieve Pizza Pan → Add Cheese → Put Pizza in Box

Put Dough on Pan → Put Sauce on Dough → Gives Pizza to Customer
5S Exercise
**5S: Defined**

**Sort** - Eliminate whatever is not needed

**Straighten** - Organize whatever remains

**Shine** - Clean the work area

**Standardize** - Use visual cues guiding user through space (labels/colors)

**Sustain** - Make 5S a way of life
Show Me the Value; Can the Waste
The Art of Value Stream Mapping

Environmental Water Monitoring: Sample Delivery Groups
Creating a Process Map: 
A TEAM EXERCISE

- White easel paper- adhesive backing
- Tape
- Colored markers
- Pen
- Calculator
- Colored self-sticking notes
- Camera

Creating a Process Map

- People

  - **Facilitator:** Your LEAN Champion- teaches/coaches/ mentors; removes roadblocks

  - **Process Owners:** Those directly involved in the process. 1-2 representatives per group is fine.

    - **SMEs:** Subject matter experts
Our Environmental Chemistry Process Map

Process Map: Environmental Chemistry
Break out:
Create Process Maps

• Vote: Vacation, Grocery, Work
• Create a Process Map in groups
• 10 minutes

• *doesn’t have to be perfect

Show and Tell
Each table presents process
Convert to Value Stream Map

- Identify Value Added and Non-value Added

**Helpful Hint:**
Use color-coding to identify
- **VA**
- **NVA**

• **Value-Added**

Everything we do should be questioned for Value.
- Is this **VALUE-ADDED**, as perceived by our customers
- Would the customer be WILLING TO PAY for it AND would it meet their EXPECTATIONS?

**ASK THEM!**
● Non-Value Added:

The 8 Forms of Waste

- Defects
- Overproduction
- Waiting
- Not Utilizing Staff Talents Effectively
- Transporting (unnecessary transporting materials)
- Inventory (material, time, info)
- Motion (unnecessary movement of people)
- Extra steps in the process

● Not Value Added, but Required

- Steps in process required by regulatory agency
  – Quality control
  – Standards
  – Temp checks
  – Safety
  – Other non-value added, but required steps in a process
Break out:
Convert to Value Stream Maps

• Add Value ●, Waste ●, and Required ●, but not value added to your Process Maps to convert to Value Stream Maps
• 15 minutes

• *doesn’t have to be perfect

Show and Tell
Each table presents process
Value Stream Map:
Environmental Chemistry

IMPROVE

• Created desired **future state** map eliminating as much waste as possible
• Used **Pareto Chart** results to recommend changes in ChemIS regarding due dates on weekends or following 31-day months.
• Developed **Effort/Impact Matrix** to guide other improvement efforts
• Used **Fishbone Diagrams** to identify specific issues causing delays
• Many Lean tools to choose from
  • Value Stream Mapping
  • Spaghetti Diagrams
  • Fishbone Diagrams
  • 5 Why’s
  • 5S
  • Impact/Effort Matrices
  • Pareto Charts
  • DMAIC

• Use what works for your purposes
• Involve staff from all levels
Questions?

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5S Exercise
Let’s Fix this Mess

What exactly is 5S?

• Mantra → quality work environment
• Work area condition has direct impact on employee morale/customer impressions
• Management attitude toward employees is reflected in the 5S condition of the work area.
5S: Defined

Sort- Eliminate whatever is not needed
Straighten- Organize whatever remains
Shine- Clean the work area
Standardize- Use visual cues guiding user through space (labels/colors)
Sustain- Make 5S a way of life

Benefits of 5S:

- Improved safety
- Lower error rates
- Reduced costs
- Improved employee morale
- More intuitive flow to the space
- Enhanced image to customers, suppliers, employees, and management
5s - Sort

• Tag all items in a section:
  – Green (keeping)
  – Pink (discarding or surplussing)
  – Yellow (need group consult before deciding)
• Resolve all tags to either green or pink
  – Call all staff together if necessary

Long-Term Claim Sheet:

• For the hoarders among us
• Provides accountability, reason to keep items not currently in use
• Taped to the claimed item
• Reviewed annually
5S-Straighten

• Let the work guide the configuration as green items are sorted
• Order and implement new organizing tools as needed

5S-Shine

• Remove all items
• Throw away or set aside items to surplus (pink)
  • Dumpster
• Clean/dust area and items
**5S-Standardize**

- Bring green items back into space
- Set up visual controls to maintain the space
  - Label drawers
  - Label items
  - Color-code sections and items belonging there
  - Etc

**5S-Sustain**

- Everyone working in area is responsible for maintenance
- Suggestions for changes and improvements, as they come up
5S in Action
Before and After

5S: Kit Supplies

Before
After
5S: Storerooms

Before

After

5S-Outreach and Training Area

Before

After
5S- Outreach and Training, Take two

Before

After

Outreach and Training Area
When supplies are organized, efficiency increases

• Lower risk of injury
• Lower risk of errors
• Improved efficiency
• Fewer wasted supplies
• Less time for inventory
• More time for special projects
• Higher employee morale

..and it just looks better!

Questions?

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Denise Lopez

Denise Lopez completed a 12-month Lean Leader certification program conducted with BD and APHL in August 2014. She has participated in on-site Lean consultation exercises in local and state laboratories. She has presented her lab's work with Lean in APHL's Quality Improvement Forum, in a round table and breakout session at the 2015 annual meeting, and in a 4-part webinar series produced by APHL. Her lab's work with Lean has been featured in 3 articles and a white paper.

Jyl Madlem

Jyl Madlem spent nearly 10 years with the Marion County Public Health Laboratory in Indianapolis. She managed 18-20 county-wide laboratories and began her lean training during her tenure there. Since moving to the state public health laboratory 5 years ago, she has been on 3 lean teams including environmental chemistry, food microbiology and outreach.
Jill Power

Jill Power is the former Quality Manager at the New Hampshire PHL and is now their Quality Coordinator and Biosafety Officer. She is also the chairperson of the APHL Laboratory Systems & Standards quality committee. Jill has participated in Lean training for APHL in the past and has helped with developing a 4-part Lean Webinar series for APHL. She is an ASCP registered Microbiologist and certified by the American Society of Quality as a Quality Manager and continues to do Lean projects in her laboratory.

Lean Tool Kit

Table of Contents
Lean Tool Kit on USB: TOC

Summary

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